

# **THE COLLEGE OF WOOSTER POST SKILLS CAMP & SHOOTING CAMP FOR GUARDS**

**JULY 10 – 11, 2008 (THURSDAY – FRIDAY)**

**CAMP SESSIONS: JULY 10 12:15 PM – 9:00 PM**

**JULY 11 9:00 AM – 3:00 PM**

**FOR HIGH SCHOOL PLAYERS ONLY**

**Must be entering grades 9-12 in Fall 2008**

Coach Steve Moore and his staff at The College of Wooster have earned an outstanding reputation for developing post players and teaching shooting. During Coach Moore's 21 years at Wooster, the Scots have averaged over 23 wins per season. Twelve of Coach Moore's post players have scored over 1000 points while his perimeter players have led the Scots to 13 NCAC regular season titles, 15 NCAA tournament appearances, and 10 NCAC tournament championships. Eight post players have earned All-American Honors.

For the post players we will emphasize all aspects of low post play and jump shooting techniques. Offensively we will drill individuals on catching the ball, protecting the ball in the post, dribbling in the post, reading double teams, proper footwork techniques, passing from the post, offensive rebounding, how to post up correctly, and several offensive moves in the post. Defensively, we will work on footwork, different ways to defend in the post, contesting shots, and rebounding. Instruction will be by the Wooster staff while Wooster players will give demonstrations.

Guards who attend will be exposed to two days of advanced, comprehensive shooting instruction and practice. We will cover all aspects of shooting and teach concepts and techniques that will help you take your shooting to the next level. We will teach you how to extend your shooting range and speed up your release on your jump shot. You will learn how to move without the ball and use screens to effectively free yourself for shots. We will also teach you how to create shots for yourself and your teammates.

In order to maintain quality individual instruction, enrollment must be limited in this camp. Sign up early – late registrants had to be denied enrollment in past years. Cost is \$195.00 (\$215.00 for overnight) and we will provide campers with dinner on Thursday, and breakfast and lunch on Friday. For further info call Steve Moore (330-263-2176) or Assistant Coach, Doug Cline (330-263-2518).

Mail to: Steve Moore, Camp Director

**The College of Wooster**  
**Wooster, OH 44691**

----- (Please detach and return with deposit) -----

**Name** \_\_\_\_\_ **Grade (Fall 2008)** \_\_\_\_\_

**Address** \_\_\_\_\_

**City** \_\_\_\_\_ **State** \_\_\_\_\_ **Zip** \_\_\_\_\_

**Parent e-mail:** \_\_\_\_\_ **Phone Number:** \_\_\_\_\_

**High School** \_\_\_\_\_ **Height** \_\_\_\_\_ **Position:** Guard Post  
(Circle One)

**Commuter** \_\_\_\_\_ **Overnight** \_\_\_\_\_

**Please send a \$100.00 deposit to ensure a spot in the camp. Balance can be paid upon arrival at camp. Make check payable to: The College of Wooster.**

*If we are informed of cancellation 7 days prior to the camp, we will refund the deposit minus a \$25.00 processing fee*