

How can my program house plan reflection?

- 1. Decide which resident will organize reflection.** The house coordinator is the point person for reporting hours and is responsible for announcing or organizing reflection opportunities; however, the group can plan as a whole or residents with an interest can be involved in the planning.
- 2. Decide who will facilitate the reflection session.** An approved facilitator must be present to receive credit for the reflection hour. Aim to invite your facilitator more than a week in advance.
 - WVN Advisor Emily Howard organizes monthly reflection events (Tuesday from 9-10pm; Thursday from 7-8pm). All programs are welcome & all you have to do is show up!
 - House coordinators or residents can lead reflection for their group if they attend a training session held by the WVN each semester.
 - Agency contacts, program advisors, faculty, Residence Life staff, or WVN staff can also be invited to facilitate. Many programs like to invite their advisor or community director to join them for dinner as a simple and fun way to do reflection!
- 3. Identify some learning goals.** You won't know everything you'll learn going in, but every volunteer experience has a starting point!
- 4. Pick a time and place that will work for your group.** You can reflect at a WVN reflection session, over a meal, in the dining hall, at your house, at your agency... or anywhere else you choose.

Who can help if we have questions or want to talk through ideas?

Emily Howard (WVN advisor, ehoward@wooster.edu), Naveeshini Chandran (WVN Housing Coordinator, NChandran15@wooster.edu), and Lauren Dyer (Residence Life Staff, LDyer@wooster.edu) are happy to talk and connect you with resources that will work for your group! Your program advisor can be a great reflection resource as well.