

First-Year Career Plan

GETTING READY

To begin your Career Journey, it is important to consider the steps you will focus on during your first year at College. This is a quick check sheet to help you **explore** what makes you unique, **learn** about tools to use during application processes, and **pursue** options to gain experience.

WHO IS AVAILABLE TO GUIDE YOU?

Career Planning Team:

Lisa Kastor, Director

Ashleigh Best, Associate Director

Marylou LaLonde, Assistant Director

Katie Boes, Health Professions Advisor

Jackie Sanchez, Administrative Coord.

STEP BY STEP GUIDE

Explore

- Complete the assessments in PathwayU
- Research [academic majors](#)
- Attend APEX's Wooster 101's
- Review results of [StrengthsFinder](#)
- [Make an appointment](#) with a career advisor

Learn & Create

- Draft your [resume](#) and have it critiqued in Career Planning
- Create your [Handshake](#) profile
- Start your profile in [LinkedIn](#)
- Complete the Professional Development Module devoted to "Career Conversations".

Pursue

- Join [student organizations](#) that capture your interests
- Learn about [volunteer](#), [fellowship](#) & [research](#) opportunities
- Apply for [summer job & Internship](#)

Tools

- [PathwayU](#), complete "My Journey" page
- [What do Wooster Grads Do?](#)
- ["What Can I Do with a Major In?"](#)

To make an appointment, schedule through [HANDSHAKE](#).